



State of California  
*Respiratory Care Board*  
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**Inquiry:** My mother was prescribed a nebulizer for home use after being discharged from the hospital. Is it ok for her to use this on her own or have a worker at the board and care where she is staying administer it to her?

**Response:** It is perfectly fine for your mother to administer her own nebulizer, provided she was properly instructed by the agency who delivered the equipment and medication and that she is physically and mentally capable of operating the device safely. Should you have any concerns please contact the agency who delivered the equipment and medications and ask them for further assistance or instruction. It is their role to provide adequate instruction to the patient and ensure they are capable of completing the task at hand.

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